Santé et Services sociaux Québec

DEPRESSION SYMPTOMS ASSESSMENT QUESTIONNAIRE – RCADS-P-MDD

Version for parents or caregivers of children and adolescents aged 3 to 17 years old

Patient's last name	File number
Patient's first name	
Health insurance number / Exp. (Year, Month)	
Date of birth (Year, Month, Day)	Sex: ☐ M ☐ F ☐ X
Address (no., street)	
City	Postal Code

Caregiver	Last name	First name
School Grade *		

* 3rd grade of elementary school to 1st year of Cegep or college

How often do each of these things happen to your child?

1. Answer each item based on the last month or the period of time since your child's last appointment.
2. Use the scale at the top of the table.
3. Answer each item by checking the box that represents your child's situation the best.

Items	Never 0	Sometimes 1	Often 2	Always 3
1. My child feels sad or empty.	☐ 0	☐ 1	☐ 2	☐ 3
2. Nothing is much fun for my child anymore.	☐ 0	☐ 1	☐ 2	☐ 3
3. My child has trouble sleeping.	☐ 0	☐ 1	☐ 2	☐ 3
4. My child has problems with his (her) appetite.	☐ 0	☐ 1	☐ 2	☐ 3
5. My child has no energy for things.	☐ 0	☐ 1	☐ 2	☐ 3
6. My child is tired a lot.	☐ 0	☐ 1	☐ 2	☐ 3
7. My child cannot think clearly.	☐ 0	☐ 1	☐ 2	☐ 3
8. My child feels worthless.	☐ 0	☐ 1	☐ 2	☐ 3
9. My child feels like he (she) doesn't want to move.	☐ 0	☐ 1	☐ 2	☐ 3
10. My child feels restless.	☐ 0	☐ 1	☐ 2	☐ 3

Questionnaire completed by:	**Date :**
Signature	Year / Month / Day

Patient's last name	Patient's first name	File number

Section reserved for the practitioner

Total raw score……..		
Total number of items ……..	**x**	**10**
Number of answered items (≥ 8)* ……..……	**/**	
Adjusted score ……..	**=**	
Score T ** ……..	**=**	

Is the T score greater than the clinical cut-off value of 65? ……..…… ☐ Yes ☐ No

Practitioner's analysis and commentary:

***** If 3 or more answers are missing, the score of the subscale cannot be used.

****** For parents of children and adolescents aged 8 to 17 years old, use the conversion table to identify the T score of the subscale according to the patient's sex and school grade, in addition to the parent's raw score. Only the raw score can be used for children aged between 3 to 7 years old and patients aged 18 years and over.

Questionnaire reviewed by:				**Date:**		
Practitioner's last name	Practitioner's first name	Licence number	Signature	Year	Month	Day